### **WEEKLY CAREER BULLETIN**

(Information related to Employment & Career)
Published by the Model Career Centre, Agartala,
Directorate of Employment Services & Manpower Planning, Govt. of Tripura

VOL: IV NO: 15 Agartala: 25th September-30th September 2023 Date of Publication: 04--2023

## TRIPURA EMPLOYMENT NOTIFICATION

❖ Tripura Public Service Commission (TPSC) has advertised an Employment Notification for recruitment to the post of Veterinary Officer (TVS, Gr.-V) (Group-B Gazetted) under Animal Resources Development Department, Govt. of Tripura vide Advt. No.14/2023 (Total vacancies=67). The last date for submission of online application is 14<sup>th</sup> November, 2023.

For details please visit

https://tpsc.tripura.gov.in/sites/default/files/advt. \_no.14\_2023.pdf

❖ The Health & Family Welfare Department, Government of Tripura has advertised a notification for the recruitment to the posts of different categories for Agartala Government Dental College & IGM Hospital under the Health & Family Welfare Department, Govt. of Tripura on contract basis (Total vacancies=117). The last date to submit prescribed application form duly filled- in to the Directorate of Health Services, P.N. Complex, Gurkhabasti, Agartala, West Tripura on working days is 18/10/2023.

For details please visit

https://health.tripura.gov.in/?q=jobs

or

https://health.tripura.gov.in/sites/default/files/upload contents/Employment%20Notification%20for%20Agartala%20Govt.%20Dental%20College%20&%20IGM%20Hospital..pdf

# ALL INDIA EMPLOYMENT/RECRUITMENT NOTIFICATION

❖ Air India Air Transport Services Limited (AIASL) has Announced notification for the recruitment of Jr Officer Technical, Ramp Service Executive & Other Vacancy on Fixed Term Contract basis (Total vacancies= 323) through Walk-In-Interview on 17-10-2023, 18-10-2023 & 19-10-2023 respectively.

For details please visit

https://www.aiasl.in/Recruitment

\* Employees State Insurance Corporation (ESIC) has advertised a Notification for the recruitment of ECG Technician, Jr Radiographer, Medical Record Assistant, Audiometer Technician, O.T. Assistant, Dental Mechanic & Other Vacancy On contract Basis (Total vacancies= 1038). The Last date for submission of online application is 30-10-2023.

For details please visit

https://esic.gov.in/recruitments

❖ National Institute of Electronics and Information

Technology (NIELIT) has announced a notification for the recruitment of Draftsman C,

Helper B, Lab Assistant A, Lab Assistant B & Tradesman B (Total vacancies= 80). The Last date for submission of online application is 31-10-2023 up to 05:30 PM.

For details please visit

https://nielit.gov.in/recruitments

❖ Northern Coal Fields Ltd (NCL) has Announced notification for the recruitment of Trade (ITI) Apprentice Trainee (Total vacancies= 1140). The Last date for submission of online application is 15-10-2023.

For details please visit

https://www.nclcil.in/detail/853989/apprenticeship-training

❖ Bharat Earth Movers Limited (BEML) has given a notification for the recruitment of Group C (Diploma Trainee, ITI Trainee, Staff Nurse) posts (Total vacancies= 119). The Last date for submission of online application is 18-10-2023 till 18:00 Hrs.

For details please visit

https://www.bemlindia.in/careers/currentrecruitments/

❖ National Testing Agency has notified for recruitment to the posts of Assistant Professor & Junior Research Fellowship (Total vacancies= 51). The Last date for submission of online application is 28-10-2023 up to 5:00 pm.

For details please visit

https://ugcnet.nta.ac.in

❖ Centre for Development of Advanced Computing has notified for recruitment to the posts of Project Engineer, project Associate & others vacancy (Total vacancy= 277). The Last date for submission of application is 20-10-2023.

For details please visit

www.persmin.nic.in

❖ State Bank of India (SBI) has advertised a notification for the recruitment of Specialist Cadre Officer on regular basis & Contract Basis (Total vacancies= 439). The Last date for submission of online application is 06-10-2023.

For details please visit

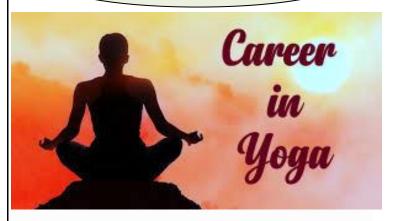
https://www.sbi.co.in/web/careers#lattest

#### OTHER INFORMATION

❖ Model Career Centre, Agartala is going to organize a Job-Fair on 10<sup>th</sup> October 2023 (Tuesday) from 11:00 am till 5:00 Pm at MCC Agartala, Shrama Bhawan, Office Lane Agartala. For more information visit MCC Agartala.



### **CAREER TIPS**



### Why Choose Career in Yoga?

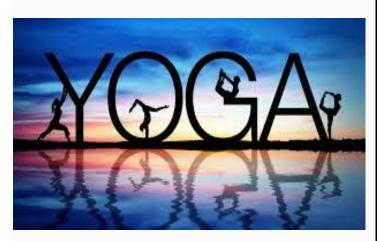
- ✓ A different career path than the usual ones: Choosing Yoga as a career will nurture your body and soul with peace and harmony.
- ✓ A good pay scale: Yoga gurus enjoys great remuneration for their services and in the initial stages, they sometimes earn more than their peers as the niche of Yoga is very demanding and great Yoga gurus are quite hard to find these days.
- ✓ **Become self-aware:** Yoga has the power to make you self-aware and keep you away from many evils such as hatred, greed, ego, and anger.
- ✓ **Travel the world:** With yoga you will have the opportunity to travel the whole world as great Yoga gurus and teachers are always welcomed with open arms and hearts everywhere. Countries such as USA, UK, France, Germany, and Italy are always in lookout for a great yoga guru or teacher.
- $\checkmark$  Overcome physical challenges

### Career Scope of Yoga

You will be definitely happy to know that Yoga has an immense scope in India as well as abroad. The present times has shown us that besides great engineers, doctors, lawyers, and scientists the world also demands top-notch and best-in-class Yoga gurus, teachers, and professionals who can revolutionize the world with their vision and efforts so that everyone can coexist in harmony. If an aspiring student has an interest in Yoga and they are ready to embark on a successful career in

this domain then believe us, Yoga can do magic for them.

Also, any course or degree in Yoga has a huge demand in the western countries such as USA. You might be enthralled to know that various students from the USA and Germany are visiting India to learn the basics and intricate knowledge of Yoga. If you wish, an aspiring student can even pursue higher degrees in Yoga from foreign countries and start working there for a better future. The career in Yoga is very rewarding and if done in a proper way, a candidate is sure to make a great name for themselves and make their friends and family members proud in the process!



### **How to Start Career in Yoga?**

In the initial time and after pursuing a degree in Yoga, you can start as a Yoga teacher or instructor. Once you have enough experience you can become a senior yoga teacher or even a Yoga guru. Remember, to become a successful yoga instructor, you must have a postgraduate or a diploma in the niche of Yoga. The diploma, PG diploma, or any degree courses are always offered by the private or a government college/university in India and around the globe.

Great news for all yoga professionals is that they get employed by world-renowned resorts, gyms, health centers, and educational institutions and earn better than their contemporaries. But, nowadays, not only the aforementioned industries but also large enterprises and renowned professionals are hiring good and famed yoga teachers while a lot of yoga instructors are choosing to opt for a flexible schedule as an entrepreneur or a self-employed professional.

### Eligibility Criteria & Courses

### **Certificate Course**

**Certificate Course in Yoga (CCY)** – It is a one-and-a-half-month programme that requires completion of the HSC. This course has no age restrictions.

#### **Bachelor Course**

- Bachelor in Arts (Yoga Philosophy) This programme will last three years, and applicants must have completed their 10+2 in any subject with a minimum of 45 per cent.
- **UG. Diploma in Yoga Education** It is a one-year programme with a six-month internship that is open to graduates from any field who have a certificate in Yoga.

### **Master Course**

- **PG. Diploma in Yoga Therapy** It is a one-year course with graduation requirements from any recognised university in any stream.
- Master of Arts in Yoga It is a two-year programme that requires a minimum of a high school diploma in any field.

### **Other Course**

• Advanced Yoga Teachers' Training Course in Yoga (AYTTC) – A certificate, diploma, or degree in yoga, as well as two years of yoga teaching experience, is required for this one-month course.

### **Career in Yoga Specialization**

- Yoga exercises for physical fitness benefit
- Spiritual yoga
- Yoga therapy
- Yoga especially designed for kids
- Corporate Yoga
- Yoga designed to benefit seniors
- Yoga for the couples
- Prenatal and/or postnatal yoga
- Private lessons in yoga
- Retreats or workshops

### Top 10 Best Jobs In Yoga

- 1. Yoga Teacher
- 2. Yoga Aerobics Instructor
- 3. Yoga Researcher
- 4. **Festival Organizer:** A yoga professional can work as a festival organizer in India and abroad as we have seen that numerous events concerning yoga

- are getting popular day by day such as 3HO Yoga Festival in Europe, the famous Bali Spirit Festival in Ubud, Bali, to Wanderlust Yoga and Music festivals held in a various destinations.
- 5. Clinical Psychologist: With the help of Yoga, they treat mental, emotional and behavioral disorders without medicines and by asking the patients to perform Yoga that will give them mental peace and promote change in their attitude.
- 6. **Brand Ambassador** of Yoga or related services/products.
- 7. **DJ:** Yoga and music have a very close and harmonic connection. Yoga teachers play music in the yoga classes and if you have a knack for music then you can choose to become a DJ and play the right choice of music for the yoga students.
- 8. **Assistant Ayurvedic Doctor:** Yoga professionals can opt to become an assistant Ayurvedic doctor where they are able to treat an ailment via naturopathy, i.e. with the force of nature or Ayurveda and without the need of taking any prescribed medicines.
- 9. **Yoga Therapist:** A Yoga therapist generally works in different types of community health centers, rehabilitation clinics, or physical therapy offices.
- 10. Entrepreneur: With the ever-increasing demand of Yoga, many students want to open a Yoga center of their own with different yoga-related products and services, after having a bachelor's or master's degree in Yoga.

### Social Media platform of MCC Agartala

- ✓ Follow MCC Agartala YouTube Channel at : <a href="https://www.youtube.com/channel/UCFShAKmjN">https://www.youtube.com/channel/UCFShAKmjN</a> Nz2C4b8aw8TEcQ
- ✓ Follow and subscribe our Facebook Page for updated information

https://www.facebook.com/mccagt

- ✓ Follow our Twitter handle address at https://twitter.com/MCCAgartala
- ✓ Login to National Career Service Portal for getting <a href="https://www.ncs.gov.in/">https://www.ncs.gov.in/</a>